



# **GURU NANAK COLLEGE (AUTONOMOUS)**

**Re-Accredited at 'A' Grade By NAAC  
Affiliated to the University of Madras  
Guru Nanak Salai, Velachery, Chennai -600042**

## **Department of Business Administration**

### **Report**

- 1. Event Title : Stress Management**
- 2. Category : Online Certificate Program**
- 3. Department : BBA**
- 4. Date : From 24/05/2020 To 04/06/2020**
- 5. No. of Participants : 720**
- 6. No. of Resource Persons : 1**

### **Report Description–**

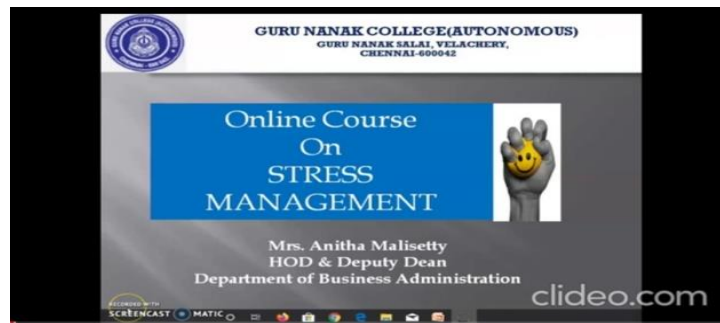
The Online course on Stress Management will benefit the participants to learn the fundamentals of dealing with the 'Stressor' that affect the wellbeing and Confidence.

### **Report**

Overall Number of respondents	720
Number of respondents from Guru Nanak College	183
Number of respondents from other colleges	537
Faculties Benefited from Guru Nanak College	7
Students Benefited from Guru Nanak College	176

Total **720**

## Photos



### Stress Management

848 views · 1 week ago



**ANITHA MALISETTY**  
18 subscribers

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## Invitation/Brochure

The brochure is for Guru Nanak College (Autonomous), re-accredited at 'A' Grade by NAAC, located at Guru Nanak Salai, Velachery, Chennai-600 042. It is issued by the Department of Business Administration. The brochure offers free online certification courses. It features four course icons: "ANGER MANAGEMENT Quiz", "ENTREPRENEURIAL DEVELOPMENT Quiz", "STRESS MANAGEMENT Quiz", and "EMOTIONAL INTELLIGENCE Quiz". Below the icons, it states: "The Examination link is provided below the course icon. Those who score 50% and above will be getting E-Certificate". The brochure lists the following staff: Dr. M.G. Ragunathan (Principal), Sardar Manjit Singh Nayar (General Secretary & Correspondent), and Sardar Rajinder Singh Bhasin (President). The brochure is decorated with a gold ribbon at the top and a gold leaf at the bottom.

**Certificate Copy**

